

Appendix B - Outbreak Plan

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak.

An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

- The coaches, president and COVID-19 ambassador have the authority to refuse a skater or spectator based on physical symptoms or answers to the Health questionnaire.
- It is the responsibility of parents to report to the COVID Ambassador a case (or suspected case) of COVID-19 from their household.
- The COVID-19 Ambassador will then contact our local health authority (Northern Health) and follow all instructions.
- Illness Policy will be implemented and followed
- If staff (including volunteers) or a participant reports they are suspected or confirmed to have COVID-19 and have been at the facility, implement enhanced cleaning measures to reduce risk of transmission. If you are not the facility operator, notify the facility right away.
- Following the Illness Policy:
 - Self isolate
 - Monitor their symptoms daily, report respiratory illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - The Participant will not be permitted to return to the facility until they are free of the COVID-19 virus as verified by a medical professional.
 - Use the COVID-19 self-assessment tool at [BC COVID-19 Self-Assessment Tool](#) to help determine if further assessment or testing for COVID-19 is needed.
 - Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.